Alstonville High School Newsletter
Developing future citizens and leaders of the community – life long learning!

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Issue 8  27 May 2015

Alstonville High School
Our community values integrity in all aspects of life

Values
We value and support:
- A positive, healthy and safe learning environment
- Respectful attitudes and actions
- Diversity
- Pursuit of personal excellence
- Service to community
- Team work
- Quality learning and teaching
- Initiative, leadership and self-discipline

Learning
We aspire to be:
- Life-long learners
- Creative and critical thinkers
- Effective communicators
- Skilled in literacy and numeracy
- Independent and organised
- Competent and innovative with technology
- Environmentally, socially and culturally informed
- Caring and compassionate

Principal’s Report
Assessments
By the time this newsletter is being read all half yearly assessment tasks for all students in the school will have been completed. Reports are now being written by staff members and these will be handed to students in the next few weeks. This is a new reporting system for Alstonville High School, so I would appreciate any feedback, both positive and negative before the final reporting period at the end of the year.

The Assessment Schedules for Year 7 to 12 can be obtained from the school website under the tab Curriculum and Activities – Assessment and Reporting.

Farewell Mrs Stanton
The school ended Week 5 on a sad but also a note of celebration. The sadness was in bidding farewell to Mrs Karen Stanton who had been Head Teacher of English for the past 7 years at Alstonville High School. Mrs Stanton has taken leave for retirement after a very impressive professional career in teaching. I have known through personal experience the time and commitment that Mrs Stanton has placed into each school she has been a part of. With the students always being at the centre of her attention. The final assembly even though sad celebrated Mrs Stanton’s role and contribution to the school. It was very pleasing that family and friends were able to attend and witness the accolades.

Welcome Mrs Brigden
With the departure of Mrs Stanton we welcome to the school Mrs Jill Brigden to relieve in the Head Teacher English role until the end of 2015. Mrs Brigden comes to Alstonville High School from Sydney with a wealth of experience not only as a teacher but as a Higher School Certificate marker and Head Teacher of English.

Security Fencing
The security fencing system was signed over to the school for the start of Term 2. The fencing clearly delineates the boundaries of the school and reinforces that the school is an enclosed site. As of this week the gates around the school, including car park gates will be closed and locked between the times of 9:20am and 3:15pm. The only gate that will be left open during school hours will be the gate in front of the path that leads to the front office/administration building. Initially this will be inconvenient for some parents and community members, but I am hoping that within a very short time period all will become used to the new arrangements. It must always be kept in mind that the purpose of the fence and gates is for your child’s protection.

CALENDAR OF EVENTS 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>25th – 29th</td>
<td>Years 7, 8 and 9 Half Yearly Exams</td>
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<tr>
<td>May</td>
<td></td>
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<tr>
<td>3rd June</td>
<td>P&amp;C Meeting – 7pm – 8pm</td>
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<tr>
<td>5th June</td>
<td>North Coast Cross Country</td>
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<tr>
<td>8th June</td>
<td>Public Holiday</td>
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<tr>
<td>19th June</td>
<td>Zone Athletics Carnival</td>
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<tr>
<td>24th June</td>
<td>P&amp;C Meeting – 7pm – 8pm</td>
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<tr>
<td>26th June</td>
<td>Last day Term 2</td>
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<tr>
<td>13th July</td>
<td>Staff Development Day</td>
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<tr>
<td>14th July</td>
<td>First Day students Term 3</td>
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<tr>
<td>13th – 24th</td>
<td>Year 12 –</td>
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<tr>
<td>July</td>
<td>- Fri Trial Exams</td>
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<tr>
<td>16th July</td>
<td>Year 10 to 11 Information Night</td>
</tr>
<tr>
<td>22nd July</td>
<td>P&amp;C Meeting – 7pm – 8pm</td>
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<tr>
<td>23rd July</td>
<td>Year 10 – 11 Subject Selection Day</td>
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</table>
School Carnivals
The three main school carnivals for Alstonville High School have now been completed for this year. These being the swimming carnival, cross country and the athletics carnival. I must thank all staff for their organisation of these days, especially the PE faculty, but I want to thank all students who attended and participated in making each day a success. Even though the weather for the athletics carnival became questionable at times, the attendance and participation of the majority of students must be congratulated.

Heron Island Excursion
The students of Alstonville High School have many opportunities to go beyond the school fence to extend their education. One of these was Yr11 Biology visiting Heron Island for a week. The feedback from all students and staff was very positive with many stating it was an experience of a life time. The practical aspects placed the theory from the classroom into a different perspective and appreciation. Once again thank you to all who participated and organised this event.

John Douglas
Principal

Year 11 Textiles & Design
Year 11 Textile students had an opportunity to explore the process of felting with Ms Harland a Pre-service teacher currently working at Alstonville High School for a 4 week block. It was a hands on experience where each student achieved a small piece of felt using the Nuno felting technique. This followed on from theory work where students studied the wool fibre and its structure, which helped them to consolidate their knowledge on non-woven fabric structures.

Mrs Akers / Home Economics

Chinese Visit Term 3
Alstonville High School has the privilege of hosting a group of Chinese students in Term 3 for a period of two weeks (Monday 27th July to August 11th).

As part of this program, we are required to host students in the homes of students from Alstonville High School.

We are seeking interest from families able to provide accommodation over this period of time. As the students range in age from 11 to 15 year of age, we are particularly looking for families with students in year 7, 8 and 9.

Please note that as part of the program, host families will be paid $452 per student to help allay costs associated with the visit.

Further information can be obtained from Mrs Anna John in the Science department. Please phone the school on 66285222 or email anna.john3@det.nsw.edu.au to register your interest, or to ask questions.

SRC News
We would like to thank all everyone who helped us raise $1571 for the Leukaemia Foundation. We also congratulate Gabby Stanek for her awesome work raising over $2600+ for the foundation. Gabby and Celestra also donated their ponytails to Pantene Beautiful Lengths who make real hair wigs for women undergoing cancer treatment before shaving her head. Finn and James also shaved their heads and Mr Douglas and Mr Thomas braved the ordeal of having their legs waxed. Mr Sharp had his beard shaved when we had raised over $1,000.
In Term 1 the SRC held an ice cream day to raise money for our sponsor child in Nepal. Saken is sponsored through World Youth International and the SRC have donated for approximately 6 years. We were able to raise $350 and again we thank everyone for their support.

We have also held a fundraiser for the Earthquake victims in Nepal and will send the $390 to Saken’s school.

**Publicity – Georgia Anderson**

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**Year 10 Food Technology**

Last Friday students shone with creativity as they busily decorated their celebration cakes. There were lots of colour, lollies, ribbons and excitement. A fantastic effort by all students.
Age Champions:

<table>
<thead>
<tr>
<th>Age</th>
<th>Champion Girl</th>
<th>House</th>
<th>Champion Boy</th>
<th>House</th>
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<tbody>
<tr>
<td>12yrs</td>
<td>Rowhani, Samina Yr 7</td>
<td>Crawford</td>
<td>Tomkins, Miles Yr 7</td>
<td>Lumley</td>
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<tr>
<td>13yrs</td>
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<td>Lumley</td>
<td>King, Jonathon Yr 7</td>
<td>Maguire</td>
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<td>Maguire</td>
<td>Fletcher, Jack Yr 9</td>
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<td>15yrs</td>
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<td>Lumley</td>
<td>Hulbert, Damon Yr 9</td>
<td>Crawford</td>
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<td>16yrs</td>
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<td>Lumley</td>
<td>Wright, Dean Yr10</td>
<td>Crawford</td>
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<tr>
<td>17yrs</td>
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<td>Crawford</td>
<td>Welch, Dean Yr12</td>
<td>Maguire</td>
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House Pointscore

<table>
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<tr>
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<tr>
<td>Crawford (red)</td>
<td>810</td>
</tr>
<tr>
<td>Maguire (yellow)</td>
<td>684</td>
</tr>
<tr>
<td>Lumley (green)</td>
<td>678</td>
</tr>
<tr>
<td>Marshall (blue)</td>
<td>673</td>
</tr>
</tbody>
</table>

New Records

- Anna Margraf 14yrs Girls 1500m 5.39.00 (old record Michelle Batterham 5.41.52 - 1988).
- Jordan Coughran 14yrs Boys High Jump 1.70m (old record Lucas Burston 1.67 - 2009)
- Dean Wright 16yrs Boys Javelin 45.67m (old record Colin Rann 42.76 - 1995)

Some of the highlights of the day were:

- a great canteen and BBQ organised by year 12
- the excellent social atmosphere that students and staff enjoy at the carnival

Congratulations to everyone on a great day.

The first two competitors in each event and first four competitors in the 100m and 4 x 100m relay in each age division have qualified to represent the school at the Northern Rivers Zone Athletics Carnival at Riverview Park, Lismore on Friday 19th June. A list of those students who qualified has been placed on the PDHPE Staffroom notice board. Students going to zone must collect their permission notes from the PDHPE Staffroom and return them to the Front Office by Friday 5th June.

Northern Rivers Zone Cross Country

On Friday 15th May a team of 47 Alstonville High School students took part in the Northern Rivers Zone Cross Country Carnival held at Lismore Race Course. The Cross Country track ran anti-clockwise through the scrub that surrounds the race track and proved to be challenging but fast. Our students made the best of the muddy conditions with 5 Individual Age Champions and 7 Champion teams. Alstonville High also came 1st in the overall point-score. This is the fifth year in a row we have been the Champion School at this event.

A total of 39 Alstonville High School students won the right to progress to the North Coast Regional Cross Country Championships to be held at the Kempsey Racecourse on Friday 5th June. The Northern Rivers Zone will be running a bus and notes have been handed out.

Thank you to all the parents who took the time to support the team and drive students, and also to the students who represented the school with great results and conduct. Congratulations and good luck to all the students representing the school at the Regional Cross Country Championships. These students and their results are as follows:
**Alstonville High School Newsletter: Issue 8, 27th May, 2015**

**NSW CHS Open Boys Football Carnival**

Recently four of our talented footballers: Michael Blackler yr 12, Jason Campbell yr12, Zak Iliffe yr12 and Zamin Tselepy yr12 returned from the NSWCHS Open Boys State Football Carnival held at Cromer Park in Dee Why from 19th to the 21st of May. The boys enjoyed representing the North Coast Region at the State Carnival and put in a strong effort as part of the North Coast team who played very well to finish with 3 wins, 2 losses and 1 draw to finish 6th out of 11 teams that competed at the carnival.

At the end of the three day carnival Zamin Tselepy was named the most valuable player in the North Coast team. Zamin was also selected into the NSW CHS 2nds team. Zamin will now travel to Glenwood for the NSW All-Schools Open Boys Football Trials to be held on the 15th and 16th June. Well done!

**Tennis**

Last week four Alstonville High School students competed in the first round of the NSWCHS Open Boys Tennis State Knockout against Kadina High School. Members of the team were Kyle Yager yr 9, James Leslie yr 9, Mark Jackson yr 9 and Nathan Leslie yr 7. All students played their individual games first followed by pairs. Students from both teams played well with Alstonville 5 wins defeated Kadina 3 wins. The boys are looking forward to the next round of the NSWCHS State Knockout.

**Paul Francis / Sport Organiser**

**School Photos**

Mr Hill in the Maths department still has approximately 50 photos ordered by students waiting for collection. Could you please encourage your child to collect their photos from the Maths staffroom. Also any issues with incorrect information on ID cards please speak to Mr Hill.

**Chris Hill / Maths Department**

**Careers News**

**Careers Website**

A reminder to parents and students our school subscribes to a Careers website for information on subject selection, ROSA, post school options, parent information, workplace learning, scholarships and much more. Please visit [www.alstonvillehighcareers.com](http://www.alstonvillehighcareers.com) to keep up to date with future events.

**Wollongbar TAFE/TVET Excursion for Year 10 Friday 12th June**

There is a bus booked to take any Year 10 students interested in finding out more about TAFE (for Year 11/12) or TAFE training for apprenticeships and traineeships. Cost is $1-50 for bus and entry to TAFE is FREE (sausage sizzle and drink provided). If interested pick up a permission note from the box attached to the Careers office door as soon as possible.

**K Horne / Careers Adviser**

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**Other team members on the day were:**

Keeley Lowenstein, Samina Rowhani, Chloe Fuller, Ashleigh Larrescy, Evie Lopes, Nathan Leslie, Ryan Baker and Jordan Coates.

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<thead>
<tr>
<th>Age</th>
<th>Girls</th>
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<tr>
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<td>Ware , Aolani</td>
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<td>Champion</td>
<td>Wenban, Chiara</td>
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<td>Hofmeyer, Brooke</td>
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<tr>
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<td>14yrs</td>
<td>Margraf, Anna</td>
<td>1st</td>
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<tr>
<td>Girls</td>
<td>Peiti, Giana</td>
<td>3rd</td>
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<td>Champion</td>
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<td>15yrs</td>
<td>Mainprize, Tani</td>
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<td>Girls</td>
<td>King, Britney</td>
<td>11th</td>
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<thead>
<tr>
<th>Age</th>
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<td>12yrs Boys</td>
<td>Tomkins, Miles</td>
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<td>Pitt, Alexander</td>
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<td>10th</td>
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<tr>
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<tr>
<td>18yrs Boys</td>
<td>Coates, Micheal</td>
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**Kindergarten Sport at St Joseph’s Alstonville**

Every Monday afternoon, 10 Alstonville High School students are helping St Joseph’s Primary School with the delivery of the Kindergarten gross motor skills program.

Our students assist by taking small groups through various activities aimed at developing the gross motor skills of the Kindergarten students.

The students from Alstonville High School have represented the school with distinction and have been extremely helpful.

Next term the group will be assisting in the delivery of a similar program at Wollongbar Public School.

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**Student School Fees**

Statement of accounts for student fees were sent out last week. Earlier this year TAS (Technical and Applied Studies – Industrial Arts and Home Economics) sent home a letter regarding their faculty fees and we thank parents for paying these promptly. This account is the balance of all the school fees for all subjects. Also we have processed a pre-payment for our School Magazine ‘Up Close’ which is included in the accounts. The magazine will be available in Term 4

**Ghosted Enrolment Forms**

We have also send home a ghosted enrolment form for Year 9, 10 and 11 to update our school records as this information is vital for our school funding.

Please note any changes as soon as possible and return to the school office. Thank you.

*Wendy Tolland / School Admin Manager*
9 ENG 1 Protest Poem Competition

Last term, all Year 9 English classes studied a unit on Protest Poetry. As a competition aside from their assessment, I asked all my students within 9ENG1 to take part in a class competition to write a protest poem. Students could choose their topic to write about. Six finalists were chosen. Here are the last three poems.

Class teacher – Kelsey Knee

Visual Aid

A thousand words they might be conveying
But you only judge the clothes they’re displaying
What they put on their face
And do with their hair
You like to judge
You think that they care

But they do care, it hurts, it cuts to the bone
Shouldn’t have to be solemn, they’re not made of stone
‘Cause when you hurl your labels
And spit vicious words
It marks like a scar
And scolds like a burn

Written by Hannah Adcock – 9ENG1

War Trauma

War pulls men to the edge
Forcing them to shut down
Eliminating emotion feeling and caring
Just to survive the experience
Oblivious to the pain, suffering and death
They greet wars horror with blank faces
They carry on as vague impressions of the men they once were
Who have experienced too much death
Who have seen too much destruction
Men who will never be quite the same.

They can never be the men they once were
They can never come all the way back
Most men don’t even try
For war has destroyed their known world
Replacing it with the unknown
Where they have locked up
Suppressed, kept down, kept inside
Their survival secrets
Their worlds now balance on stilts about to topple over
Making it almost impossible to hold on to what they have left

Some men let go and fall off the edge
To slump there forever.

Written by Fletcher Creed – 9ENG1

Boko Haram

To each we leapt, with no grace, no
Honour, No time spent idle, no stories to tell
Holding another, descent to Hell
If time could tell, what scores were lost.

Underfoot, the Earth is trod
Swift and sorrowful, harsh and slow.
Harsh is the sky, harsh be the iron
My brothers cry, my sisters cried
Cried in unison, orchestral
Symphonic, cacophonic
Was the cry, dusk unto dawn
Stopped for none, heard for all.

Amongst the harem, grass lay bleeding
Soaking, what was left through empty pores
Beams of sunlight chewed at a dry bone, eroding
Sickly earth, to the core, dried and withered
None could go too longer.

The first of days, one bright of days
We walked over hills, through acerbic field
One spoke, one listened, one blinked
One twitched, one fell; two fell
One spoke, spoke for awhile
They were too far to hear

Written by Eli McLean – 9ENG1
Alstonville High School
Athletics Carnival 2015
Alstonville High School P&C

Change of Meeting Notification

Please be advised that the next Alstonville High School P&C Meeting scheduled for Wednesday May 27th, 2015 has been rescheduled to accommodate the State of Origin Live TV telecast.

The next meeting of the Alstonville High School P&C is on

Wednesday June 3rd, 2015

7:00pm – 8:00pm

Alstonville High School Staff Room

We will be discussing and hopefully making some firm decisions at this meeting as to the allocation of funds toward the suggested projects itemised in the minutes of April’s meeting. If you would like to have a say in how the funds are used please come along to this next meeting.

Look forward to seeing you.
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**Alstonville Scouts welcome new Members in 2015**

Come and try FREE for up to 4 weeks before joining!

For Girls and Boys of all ages who love adventure and fun.

For Mums and Dads who want their kids to learn important life skills in a safe environment.

**Joey Scouts:** ages 6 to 8 years, Wednesdays: 5:30 to 6:30pm

**Cub Scouts:** ages 8 to 11 years, Wednesdays: 6:30 to 8:00pm

**Scouts:** ages 11 to 15 years, Thursdays: 6:30 to 8:30pm

**Ventures:** ages 15 to 18 years, Tuesdays 6:30pm-8:30pm

The Alstonville Scout Hall is located at Gap Road, Alstonville.

To find out more, contact either:
- Troy Davis (Group Leader), Mobile: 0428 582 2978
- Cindy Robinson (Joey Leader), Mobile: 0413 454 177
- David Smith (Ventures Leader), Mobile: 0488 443 093

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**WE WANT YOU!**

**novA$$kill June Recruitment Drive**

NovaSkill is seeking quality applicants for Traineeship & Apprenticeship vacancies.

If you are looking for a rewarding career and would like to attend our Annual Recruitment Drive, phone NovaSkill on 6600 3000

- Carpentry/Joinery
- Office Administration
- Fruit Fly
- Chef/Chef Apprentice
- Fitter/Tradesmen

- Transport & Distribution
- Plumbing
- Motor Mechanic
- Business
- Painting & Decorating

- Electrical
- Toolroom
- Plant Mechanic
- Horticultural/Landscape

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**SUMMERLAND**

**Alstonville Family Festival**

**Sunday 31st May**

Starts at 8.00am

Main Street closed until 5.00pm

Pig races · Markets · Kids’ rides · Live music · Buskers · Art Cakes · Drinks

**COME & CELEBRATE**

THE FEDERAL HOTEL’S 100TH BIRTHDAY!