Alstonville High School Newsletter

Developing future citizens and leaders of the community – life long learning!

Cawley Close Alstonville Phone: (02) 6628 5222 Fax: (02) 6628 1223 Web: www.alstonvill-schools.nsw.edu.au

Issue 4

19 March 2014

Alstonville High School

Our community values integrity in all aspects of life

Values
We value and support:
• A positive, healthy and safe learning environment
• Respectful attitudes and actions
• Diversity
• Pursuit of personal excellence
• Service to community
• Team work
• Quality learning and teaching
• Initiative, leadership and self-discipline

Learning
We aspire to be:
• Life-long learners
• Creative and critical thinkers
• Effective communicators
• Skilled in literacy and numeracy
• Independent and organised
• Competent and innovative with technology
• Environmentally, socially and culturally informed
• Caring and compassionate

Educational Idea for the week – building successful study and revision habits
Continuing with our focus on ways of building productive relationships between home and school I can recommend to you a brief video by Bell Shakespeare’s artistic director John Bell. John has some suggestions on avoiding homework dramas when it comes to English homework. On this page there are other links to a range of strategies that can be used to help build English engagement and performance.

John Bell's tips to avoid homework dramas

Year 6 and 7 Welcome BBQ
Thank you to all the students and families from years 6 and 7 who attended our Open Night on the 11th of March. We hope that you all enjoyed the evening – we certainly enjoyed seeing you there. I would like to thank our many student volunteers who helped out on the night with things like performances, speeches, catering, guiding groups around the school or helping with faculty presentations. We are very proud of the talent and enthusiasm you displayed and your willingness to give back to your community.

CALENDAR OF EVENTS 2014

19th – 21st Wed - Year 7 Peer Support
Fri - Camp
26th March Wed - P&C Meeting – 7pm
28th March Fri - Alstonville High School – Cross Country
8th April Tues - Parent / Teacher Night – All years
11th April Fri - Last Day Term 1
28th April Mon - Staff Development Day
29th April Tues - First Day Students Term 2
5th – 9th May Mon - Year 10 and 11
Fri - Half Yearly Exams
5th – 6th May Mon - Tues - Year 7 Vaccinations

Tour leader, Josh Galbraith Yr 10 and Josh Urquhart Year 7

Mrs Gordon and Reegan Vidler with HSIE display
I would also like to thank the many staff and parents who also helped out on the evening. Your hard work and enthusiasm is also greatly appreciated.

I would like to share with a terrific speech that Anais Cross, our Vice Captain, made about her experiences at Alstonville High School. This speech contains some lessons for us all about how we might approach life (within school or in the broader community) and provides further insight into the wonderful talent of our students.

Tonight is the second time I have spoken at a year 7 barbecue. The first was my own, in 2009, when I was asked to give my perspective on Alstonville High School as a student that had come here without any of her primary school peers.

“It’s different,” I had said. I went from being the school captain of the largest primary school in Lismore, being around kids that had been my family for what seemed like forever, straight into a new school in a new town with only a couple of people I knew from outside activities, but when the first bell rang and I was put in my class for the year, I found a girl sitting by herself, and that was the first new friend that I made at high school. Then I made another, and another, and before long I didn’t feel like the new kid amongst pre-formed friendships.

So if you are worried about coming to Alstonville High School because you don’t know anyone here, I can tell you that my story will become yours too. Alstonville High School is a very friendly and welcoming school, but you will only get out what you put in.

Some advice that I can give you from my experience of high school:

- Be brave. Talk to new people, make new friends.
- Volunteer. Put your hand up for new experiences, because there won’t be a single one that you’ll regret.
- Join groups. Join sports teams, join the debating team, give everything a go because you might find something new that you’ll love.
- Be excited to learn. An education is a privilege. You’re gaining skills and knowledge that will equip you for life. If you make it a luxury instead of a chore you will be keen to go to school and experience every second of it.
- And to your year as a whole, my advice is to become a team from day one. You can ask the teachers or any past students of Alstonville High School, and they will agree that in the beginning there may be groups or cliques of friends, but by the end you’re all going to be a family, so start now. Start making memories with each other, be a close knit year, otherwise on your last day of year 12 you might finally talk to someone new and think “why didn’t I get to know you earlier?” Work together, grow together, make high school one big memory that you all shared together.

The thought of high school can be scary or intimidating, but once you’re here you’ll love it, and there is not a single day that I regret choosing to be a student at Alstonville High School. I am proud to be a student here, I am proud to be the Vice Captain here, I am proud of year 7 for choosing to come here, and I am proud of all of the year 6 students who are here tonight, giving our school a chance to be home to a new family of students.

Alstonville and Wollongbar P&C Fun Run
What a marvellous day we had on Saturday 5th March at the fun run. The weather was perfect, the organisation for the event unfolded smoothly and we had a record crowd of 593 participants. It was very pleasing to see a wide cross section of our local community gathered together enjoying a run or a walk (there was an event for everyone), fine food and coffee (served by our hospitality students, parents, staff and other volunteers) and congratulating the many prize winners. Support for this event from local businesses was extraordinary – nearly every business in Alstonville, Wollongbar and the local area offered support of one kind or another for the event.

It is very pleasing to be associated with an event like this which brings together and promotes our local community in such a positive way. A big thank you must go to Catherine Black, her family and the hard working team of volunteers who helped to put this day together. We would like to thank Ballina Council for their support for the event, particularly the work they put into making sure that the course was safe for participants.

Exceptional ESSA results
Students in year 8 in 2013 (our current year 9) have achieved some exceptional results in the state-wide Essential Secondary Science Assessment (ESSA). We have seen results in ESSA improve from above the state average every year since 2009. In the overall results in 2013 we had no students in the bottom achievement band and 76% of students in the top 3 bands (compared to a state average of 51.4%). In the component of the exam assessing students’ ability to communicate scientifically we had 23.6% of our students achieve the highest band compared to a state average of 12.4%. This set of results is a very significant achievement for our students and their hard working teachers, congratulations.

Mobile Dental Van Update
The Mobile Dental Van owned and operated by Simon and Kelly Gregg of Alstonville Family Dental has completed its first visit to Alstonville High School. The visit appears to have operated very smoothly.

The aim of this initiative was to facilitate easier access to dental services for families who might otherwise struggle to arrange dental check-ups. Statistics show that the North Coast
of NSW has very high rates of poor dental health and we know that this can impact on student welfare.

As we have previously indicated we are very lucky to have a number of local dental services in the Alstonville Wollongbar community and understand that many families have existing relationships with these practices. We would encourage all our families to maintain a regular schedule of check-ups with a dental practice.

The “Child Dental Benefits Schedule” Commonwealth funded dental scheme commenced on the 1st January 2014 and provides dental treatment to eligible children aged between 2 and 17 years and replaces the previous “Teen Dental Vouchers”. Families eligible for Family Tax Benefit Part A (FTB-A) or certain other government payments will be able to take advantage of "Child Dental Benefits Schedule" and will be able to access basic dental services such as dental check-ups, x-rays, fillings, root canal and extractions. This scheme can be accessed from most general dental practices including local dental practices.

**The Boys ‘Riggers Camp’**

Two years ago we launched a new boys leadership strategy which involved a leadership camp for year 8 boys held at Nymboida. This camp has been very successful. Discussions with the boys who have participated in the camp have led to us renaming the camp ‘The Boys Riggers Camp’. This name has been chosen as a tribute to James Rigby who was a former student of our school and who tragically passed away in 2013. James displayed exceptional leadership qualities, strength of character and a willingness to lead by example. He also was loved and respected by his peer group, demonstrated a healthy sense of humour and strength of character. These are the attributes we want to enhance as our boys develop into young men.

**Parent Teacher Night – All Years**

Our first Parent Teacher Night for 2014 is being held on Tuesday 8th April. You can go online now and make bookings through [www.sobs.com.au](http://www.sobs.com.au). To make a booking you will need to know the names of your child’s teacher(s). If you cannot attend parent teacher night on the 8th April then you also have the option of arranging to talk with teachers at other times.

**New Lockers**

As was mentioned in our last newsletter we are looking to place further orders for new lockers to replace the old metal lockers that have been in the school for many years. Interest from families has been strong. The sooner we have enough expressions of interest the sooner we can place an order. We would like to place an order for a minimum of 40 to 50 new lockers to reduce the cost of delivery.

If you are interested in taking a new locker if we order more please let us know by sending an email to our school email account [alstonville.h.school@det.nsw.edu.au](mailto:alstonville.h.school@det.nsw.edu.au) using the subject “locker” and including your child’s name and roll group in the email or simply send a note into the front office with the same information. If there is sufficient demand for more of the new lockers we will place an order. The new lockers cost $20 per year.

David Silcock
Principal

**Year 12 Sydney Drama Excursion 2014**

Early this term six HSC Drama students travelled with Ms Davenport to Sydney to view OnStage, Programme 1, 2 and 3, at the Seymour Centre. OnStage is the season of exemplary Drama performances from the 2013 Higher School Certificate, NSW. This was a unique opportunity for our students to view the high standard of work being achieved by their peers in performance, scriptwriting, set and costume design.

Inspired by OnStage, students participated in a Group Devised Performance Making Workshop at the Belvoir St Theatre to support their major assessment for 2014. Belvoir also provided a backstage tour and students were able to view archival film footage of Stolen by Jane Harrison which is a prescribed text for their Contemporary Australian Theatre Practice unit. In addition students watched ‘Bite Me’, a series of contemporary Australian monologues performed by young people at the Australian Theatre for Young People (ATYP) and The Long Way Home at the Sydney Theatre Company (STC) which was an outstanding production and relates directly to their (current) Verbatim Theatre unit.

It was an educational, inspiring and enriching experience and we hope to offer our senior students in following years. I am proud of the way our students conducted themselves. I would like to thank Alstonville High School, the students and their families for supporting this wonderful event.
Alstonville High School Newsletter: Issue 4, 19th March, 2014

OnStage at The Seymour Centre
Ms Davenport / Drama English Teacher

OnStage at The Seymour Centre
Ms Davenport / Drama English Teacher

Alstonville High School students are invited to an under 18 drug and alcohol free music and dance night on April 11th from 6.30pm to 11.30pm at the Alstonville Leisure Centre. There will be a live band, laser and smoke machines, DJs and dance crew competitions. Food and soft drinks will be available on site and a prize awarded to the best dressed Fluro Outfit. Tickets can be purchased at eventbrite.com.au or the viewpoint dance facebook page.

Viewpoint Security Services are providing the security for the event and were seeking to support a program that promoted both youth wellbeing and values in our local community.

They are donating proceeds from the event to AREA, (Alstonville Religious Education Association) which manages the position of Youth Worker/ Chaplain at Alstonville High School currently filled by Bruce Fleming. Federal Government grants and community sponsorships also fund the position.

Viewpoint Security Services are the only security company that operate under a code of conduct. Safety and security is about business ethics as well as material security.

End the term by celebrating a social night of fun and music in a safely supervised environment. Make sure you “shine” at Viewpoint Dance Fluro Night. See the advertisement in this Newsletter for more details.

School News

Alstonville High School Cross Country Carnival
A reminder to all parents and students that the Alstonville High School Cross Country Carnival will be held at the Lennox Head Surf Club on Friday 28th March (week 9, Term 1). Students have been given a permission note in roll call which will need to be returned to their roll call teacher. All students are expected to arrive at Alstonville High School for roll call on the outdoor basketball court, cost is $10-00 payable when boarding the bus. Students who live in Lennox Head Village can walk to the Surf Club and pay $5-00 for a 9.00am roll. Year 11 and 12 students are not allowed to drive and must catch the bus. A few selected year 12 students will be driving things down for the BBQ, with Mr Timms’ permission and have completed and returned the driver consent form. Students are encouraged to wear house colours, a hat and sunscreen (no singlet tops). Clothing must provide suitable sun protection. Suitable running shoes must be worn (no thongs or slip-ons). We look forward to a fun day, with compulsory participation from everyone, walking or running the course.

Water polo
Congratulations to Jade Cusack yr10 and Daniel Sawyer yr 9. Jade Cusack was selected into the 15yrs Girls NSWCHS Waterpolo Team and Daniel Sawyer was selected into the 15yrs Boys NSWCHS Waterpolo Team.

Both team members will be required to undertake demanding training with their teams in Sydney before they head off to compete at the Pan Pacific Games in New Zealand and attend a regional tour of Rotorua from 4th - 14th July 2014.

Hockey
Eight of our students will represent North Rivers Zone Hockey teams at the North Coach Open Girls and Boys Hockey Carnival held at Murwillumbah Turf on Thursday 20th March. Congratulations to Giaan Peiti yr7 selected in to the girls team and Callum Brown yr9, Peter Jarvie yr8, Dylan Stone yr9, Nelson Binney yr10, Damian Jarzynski yr10, Isaac Layton yr11 and Mitchell Brown yr10 selected into the boys team. Good luck!
Triathlon

Alstonville High School had 4 students travel down to the Sydney’s International Regatta Centre at Penrith Lakes for the NSW All-Schools Triathlon Championships on the 6th and 7th March.

On Thursday 6th March Gabrielle Stanek yr9 and Zachariah Maxwell yr9 competed in the Intermediate Individual Division for students 15 and 16years. This intermediate division had 205 athletes finish the race with Gabrielle Stanek finishing 6th overall to be selected into the NSW All-School Triathlon team to compete at the School Sport Australia National Triathlon Championships held in Bendigo Victoria in April.

On Friday 7th March 3 of our students competed in the Intermediate Triathlon Relay event. The Intermediate (15 & 16yrs) Triathlon Relay had 336 teams finish the race with Jade Cusack (Swimming), Gabrielle Stanek (Cycling) and Chloe Hughes (Running) to finish first in the NSWCHS Schools Division and 5th in the NSW All-Schools Division. Winning a gold medal in an event with such a huge field is a great achievement. Well done!

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Swim</th>
<th>Cycle</th>
<th>Run</th>
<th>Total Mts</th>
<th>Place</th>
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<tbody>
<tr>
<td>Interm.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>600m</td>
<td>15km</td>
<td>4km</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>15,16yrs Girls</td>
<td>Gabrielle Stanek</td>
<td>10:34</td>
<td>27:10</td>
<td>14:34</td>
<td>52:28</td>
<td>5th &amp; 6th</td>
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<tr>
<td>15,16yrs Boys</td>
<td>Zachariah Maxwell</td>
<td>12:11</td>
<td>32:19</td>
<td>16:58</td>
<td>1:01:30</td>
<td>17th &amp; 64th</td>
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<tr>
<td>15,16yrs Girls</td>
<td>AHS Teams</td>
<td>Jade Cusack</td>
<td>Gabrielle Stanek</td>
<td>Chloe Hughes</td>
<td></td>
<td>1st &amp; 5th</td>
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<tr>
<td></td>
<td>10:20</td>
<td>27:00</td>
<td>14:21</td>
<td></td>
<td>51:42</td>
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Football

Alstonville High School students make up the majority of the Northern Rivers Zone Open Boys Football team with 8 of the 15 man squad from Alstonville High. Congratulations to Liam Stevenson yr12, Cody Lawrence yr12, Sam Kerry yr12, Reece Bramley yr12, Michael Blackler yr11, Zakale Iliffe yr11, Zamin Tselepy yr11 and Jason Campbell yr11. These boys were recently selected after a dominant performance at the Northern Rivers Football Gala Day held at Goonellabah on Thursday 13th March, with our boys team defeating Kadina High School 4-0 to progress in the 2014 Open Boys Football State Knockout.

The Alstonville High also had 5 girls selected into the Northern Rivers Zone Open Girls Football team. Congratulations to Ashleigh Brown yr9, Rhiannon Corney yr12, Sophie Sproule yr9, Clare Jackson yr10, Shana Povey-Hyatt yr10 and Ashleigh Smith yr12 was selected as first reserve. Our Open Girls Football team were also very dominant beating Kyogle High School 11-0.

These boys and girls will travel to Queens Park and Jim Devine Oval Murwillumbah on Friday 28th March to compete against students from Port Macquarie to Tweed Heads in an effort to be selected into the North Coast Football team. Good luck.

North Coast Swimming Championships

After successful Zone and Regional Swimming Carnivals, a squad of 17 Alstonville High School Students qualified to contest the 2014 NSWCHS State Swimming Championships to be held at the Sydney Olympic Aquatic Centre, Sunday 6th April to Tuesday 8th April. At the Regional Carnival held last Tuesday 11th March in Lismore, Alstonville High placed 5th out of over 40 high schools in the North Coast Region. Special mention must be made of Alyssa Iles of year 8 the North Coast 13yrs Girls Age Champion and qualified for 4 individual events at state. Good Luck to the following swimmers going to Sydney. It is a great achievement to qualify for the NSWCHS State Swimming Championships. Well done.

<table>
<thead>
<tr>
<th>Name</th>
<th>Gender /Age</th>
<th>Event(s)</th>
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<tbody>
<tr>
<td>Aenishaeslin, Julian</td>
<td>Boys 17+</td>
<td>200m freestyle, 100m backstroke, 100m butterfly, 200m Individual Medley</td>
</tr>
<tr>
<td>Cusack, Jade</td>
<td>Girls 15</td>
<td>100m breaststroke, 100m butterfly</td>
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<tr>
<td>Fleming, James</td>
<td>Boys 12</td>
<td>100m backstroke</td>
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<tr>
<td>Fleming, Tom</td>
<td>Boys 17+</td>
<td>100m freestyle</td>
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<tr>
<td>Hair, Liam</td>
<td>Boys 17+</td>
<td>100m freestyle, 50m butterfly</td>
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<tr>
<td>Iles, Alyssa</td>
<td>Girls 13</td>
<td>200m freestyle, 100m backstroke, 100m butterfly, 200m Individual Medley</td>
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<tr>
<td>Mulcahy, Jasper</td>
<td>Boys 14</td>
<td>100m backstroke</td>
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Relay Teams Qualified for State

<table>
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<tr>
<th>Boys 12yrs-19yrs 300m</th>
<th>Fleming, James</th>
<th>Rawson, Tom</th>
<th>Leslie, James</th>
<th>Sawyer, Daniel</th>
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<tbody>
<tr>
<td>Margraf, Felix</td>
<td>Aenishaenslin, Julian</td>
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Open Boys 200m Medley

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<th>Fleming, Tom</th>
<th>Margraf, Felix</th>
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</table>

13yrs Girls 200m Freestyle

<table>
<thead>
<tr>
<th>Iles, Alyssa</th>
<th>Jones, Scarlett</th>
<th>Peiti, Giaan</th>
<th>Margraf, Anna</th>
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</thead>
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14yrs Girls 200m Freestyle

<table>
<thead>
<tr>
<th>Bransgrove, Sarah</th>
<th>Wenban, Domenica</th>
<th>Sproule, Sophie</th>
<th>Kerry, Olivia</th>
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</table>

17+yrs Boys 200m Freestyle

<table>
<thead>
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<th>Aenishaenslin, Julian</th>
<th>Hair, Liam</th>
<th>Fleming, Tom</th>
<th>Margraf, Felix</th>
</tr>
</thead>
</table>

Zone Touch Football Trials

Shana Povey-Hyatt; Lucy Turner; Taylor Wilding; Tarni Fay, Trisha Caluguy; Maya Layton; Brooke and Mikayla Hofmeyer

On 4th March eight Alstonville High School girls travelled to Woodenbong to compete as a team in the U16 Zone Touch Football trials. All the girls are experienced touch footballers, seven of them having just returned from the NSW Junior State Cup. Even though they had never played as a team before they combined exceptionally well and won all of their matches on the day. The first game against Evans River was a great warm up game that they won 12-0. The second game against Woodenbong 2 was won 10-1. Their last game of the day which, according to selectors, the ‘grand final’ of the day, was against the Woodenbong 1 side, and Alstonville again came out in front, winning 3-2. There were seven teams at the trials from around our Zone, with over 70 students up for selection. The Alstonville girls all played very well and impressed the selectors so much that of the 12 players selected into the Zone Team, five of them were from Alstonville. Congratulations to Lucy Turner, Mikayla Hofmeyer, Shana Povey-Hyatt, Tarni Fay and Maya Layton. These girls will compete next week in Goonellabah playing in the Regional team and will be considered for selection into the State side. Good luck next week!

Aussie Rules Football

Congratulations to Lewis McNally of year 9 for his selection in the Far North Coast / Northern Rivers Inter-Zone 15yrs boys AFL team. Lewis will now travel to Richardson Park, Sawtell for the North Coast Regional Championships. Good luck.

Opens Water Polo

Last Thursday the 13th March the first 3 rounds of the state wide CHS Water Polo Knockout were played at Alstonville pool. Teams in both boys’ and girls’ divisions from Maclean, Byron Bay and Southern Cross competed with Alstonville teams winning all their games convincing. All students showed great sportsmanship with several playing with the other schools to assist them.

The North Coast finals will be held on Monday the 24th March at Grafton against Maclean and Melville schools. It is very much appreciated that Mr Ford (retired teacher) is driving the bus to Grafton. It is hoped that both teams will win there and proceed to the final 8 (in the state) tournament at Lambton the following Monday and Tuesday to continue the fine tradition.

Netball

Congratulations to two of our students Rachel Yager yr11 and Molly Hughes yr 9 for their selection in the Northern Rivers Zone Open Girls Netball team. Rachel and Molly will now contest the North Coast Open Girls Netball Carnival at Byron Bay on Friday 21st March. Well done.

Touch Football

Three of our students will represent North Rivers Zone Open Touch Football teams at the North Coast Open Girls and Boys Touch Carnival held at Wauchope on Thursday 8th May. Congratulations to Mikayla Hofmeyer yr9 selected in the girls team and Sam Kerry yr12 and Ryan Graham yr12 selected into the boys team. Good luck.
SRC - Shave for a Cure

Maddie, Aliah, Sean, Emily, Chris, Seb and Jade have made us proud with their willingness to participate in the World’s Greatest Shave at school on Thursday 13th March.

Maddie, Aliah, Sean and Emily have donated their ponytails to Pantene Beautiful Lengths where the hair is made into wigs for cancer patients. This year the SRC voted to give half of the funds to the Cancer Council and half to the Leukaemia Foundation.

Collectively, the students have raised $2,817.65 and the donations are still coming in. Emily Griffin alone has raised $999.40.
BOYS “RIGGERS” CAMP 2014

FOCUS GROUP: Year 8 boys displaying leadership abilities, potential and school spirit. The camp is named in fond memory of James “Riggers” Rigby, an Alstonville High Student, who himself displayed exceptional leadership qualities and a willingness to lead by example.

SELECTION PROCESS: Before your child is offered a position on the camp the following criteria must be met:

- Students first nominate their willingness to participate in the program
- A review of Merits, RISC entries and school involvement
- Teaching staff & Head Teachers make recommendations
- Welfare committee nominate possible candidates
- Program Coordinator formulates list of possible candidates
- School Executive approves successful candidates and reserves
- Program Coordinator invites participates to attend (approx. 20 students)

PURPOSE: To help meet the needs of boys at Alstonville High School by:

1. Establishing personal support structures
2. Participation of students in team building and leadership initiatives
3. Clarifying self-identity and self worth
4. Developing self-sufficiency and autonomy
5. Developing students’ self efficacy
6. Instilling the value of Respect and Engagement in Learning
7. To develop and enhance boys’ profile and leadership opportunities within the school community

CAMP: @ Nymboida Canoe Centre

- Will consist of a 3 day, 2 night camp
- To be held Term 4 Week 7 (19-21st November), cost involved approx. $100 (TBA)
- Student will be required to plan/cater for camping & eating provisions
- Activities will include canoeing, tubing, low ropes courses as well as other team building/leadership activities.

FURTHER INFORMATION:
Contact Mr Larrescy
(Program Coordinator)
Successful applicants will be notified late Term 3, 2014.

Interested students should fill in the nomination slip below and return it to Mr Larrescy

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I, ____________________________________________, having read the process of selection and purpose of the camp, would like to nominate for the 2014 Boys ‘Riggers’ Camp to be held at Nymboida Canoe Centre.

Student Signature: ___________________________ Parent Signature: ___________________________

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Alstonville/Wollongbar Fun Run 2014
P&C, Canteen & UniformNews

It is important that parents have a say in the direction and future of our school

To help in achieving this we would like to invite parents to attend;

The Alstonville High School P&C AGM
To be held on Wednesday 26th March at 7pm.
Please come and be a part of your children’s school

Canteen News

Canteen debit card available at the canteen
Minimal withdrawal $10 **before** school only
Surcharges apply
See Robynne in canteen

Volunteers always needed daily. Flexible times available.
Seniors welcome.

**IMPORTANT! PLEASE** notify Robynne if you are unable to attend rostered canteen day.
Uniform Shop

- Hours open 8-10am Monday and Friday for general uniform and stationery needs with emergency sport uniform sales Wednesday 8-10am.

- Limited stationery needs available.

- White boy’s shirts in size 18 and 20 have been restocked. Come in and match one with a school tie.

*How to tie a tie instructions can be seen on notice board outside Uniform Shop!!*

All profits go back to the school for resources not provided by Governments
Please support the P&C Business

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Alstonville Religious Education Association presents the

**2014 AREA BREAKFAST**

Saturday 22nd March
Alstonville Baptist Fellowship
Wardell Road, Alstonville
7:30am – 9:30am

Fruit juice, cereal, tea, coffee, bacon, eggs

Hear Bruce Fleming speak about the work he does at Alstonville High School
$10 per person, $20 per family

All funds raised go to AREA to support Bruce’s work

Enquiries: Greg Hay on 6628 8543

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Gold Medal Driver Training

Ph: 0429 007 373
goldmedal@live.com.au

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